



THE NH SKI CLUB NEWSLETTER

Vol. 15, Issue 7 March 2018

We don't just ski!

President's Message

by Kevin Reigstad



Aren't we all experts?

As Patty and I sat on the couch watching the winter Olympics in PyeongChang, South Korea, we frequently offered 'expert' advice to the athletes: Shoot the puck! Don't miss the One-Two grab on that Frontside Rodeo! Be aggressive on your Downhill line, Lindsey, if you want to win gold! And we weren't the only ones to say it. Bode Miller (in his role as an Olympic commentator) said Lindsey Vonn wasn't being aggressive, instead relying on aerodynamics. Lindsey herself described it: "Maybe I just was a little bit too clean...maybe I should have let the skis run a little bit more...[but] I laid it all on the line..." (The Guardian, Bryan, Graham, 20 Feb 2018). These racers are all superstars, where being aggressive either pushes you up the leaderboard to greatness, or causes you to slide out of the course. We don't award Olympic medals, but pushing the limits of our perceived capabilities can be thrilling, too.

I'm not an expert skier, but I keep trying. When I joined the Club over eight years ago, I was a three-time-a-year skier, maybe. Never had a lesson. Form, not so good. I started getting better by pushing my comfort zone, pulled along by following better skiers who were also good mentors, always encouraging me. I knew my limits then, and I still do today. They just keep changing. The tree runs seem to have more trees in them, the pitch seems to be getting steeper, the snow is getting deeper...pow! Writing this from the Doubletree in Bend, Oregon from our Mt. Bachelor trip, I know I will never be skiing off cornices like that in Chute 3, or keep up with our best/fastest skiers, and that's okay. I do put on a nice clown show in the snow once a day to keep the blood flowing. Pictures prove it.

Our Club is great for skiers of all abilities. If you're a new member and you don't know who you can ski with, ask me or the trip leader. We'll connect you with a good ski buddy or ski with you ourselves. We want you to have fun, and maybe, at the end of the day, you'll surprise yourself for what you've done.

Important Notices

Please check the [NH Ski Club Meetup](#) for details or any last minute changes to trips and events.

Discounted Lift Tickets

NH Ski Club Members Only Special Lift Tix Discounts

Click on the following links for more info:

[Loon Mtn NH Ski Club Special](#)

[Jeff's List - \(Cannon, Bretton Woods, Attitash/Wildcat, Waterville\)](#)

Central Mass Ski Group offers their group [Skier Appreciation Day discounts](#) to **active NH Ski Club members**. *Note: 5` `fUbgJM]cbgUbXfYZ bXgUFYHfci [\ 7A G`*

Additional discounts for anyone:

[Sunday River - NH Residents Ski for \\$49 on Tuesdays](#)

[Liftopia.com](#) for discounted lift tickets online to most resorts in New England and beyond

Upcoming Events (Calendar)

Mar 8-11	Quebec City Trip
Mar 14	March Club Meeting
Mar 23-25	Killington
Mar 31	Cannon Mt Ski Day
Apr 6 - 8	Jay Peak Spring Fling
April 11	April Club Meeting
May 9	May Club Meeting
June 2	Massabesic Bike/Kayak/BBQ
June 13	1st Summer Social Meeting (Location TBD)

To see the club's Google Calendar, [click here](#). You must sign in to a Google account first.

The Next NHSC Generation?

by Jeff Lavoie

NHSC's own and instructor extraordinaire Ray Juneau spent some time with my granddaughter Elly, teaching her to ski. McIntyre Ski School has a great program to get the next generation of skiers on their boards.



Tubing Anyone?

Photos by Nancy K C

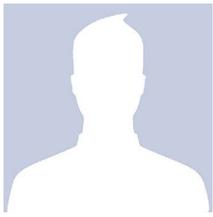


Hold onto your tube, step onto the conveyor carpet and up you go! Mike W., Rhena P. and Donnamarie enjoyed the rides at the Bonneville's Family Thrill Hill.

Ray Juneau's McIntyre Corporate Race Teams enjoyed their Race Runs and Snow Tubing afterwards at the February 20th race night.

Who are you, Who, who, who, who?

by Nancy K C

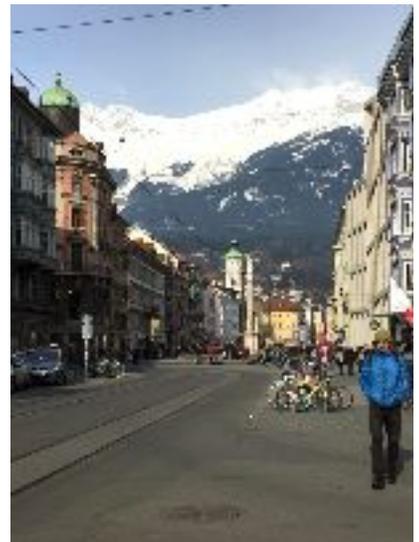


Membership needs your help to **Update Meetup** with a *j jg U d\chc* and make sure your *ZfghUbX~UghbUa Y]g~]ghX* Go to your NHSC profile to check it out! Make an update to your information, if needed, A.S.A.P.. We have challenges checking names on Meetup with the current membership list. Trip leaders and activity organizers better identify tripsters with a photo ID. Meetup is our main source of communication for the NH Ski Club. Help us help you!

St Anton Trip

This is more than a recap of the St Anton, Austria and Munich, Germany trip, it's a desire to ski Europe again soon, and I'd even go back to St Anton! Thanks to Troy Schwotzer for leading this trip. Thanks to Kathy Hall for setting up the WhatsApp group to stay connected and find who has a supply of cold/cough relief medication. The trip started with an overnight flight on Swiss Air from Boston to Zurich, Switzerland where ski equipment flew free and they served two meals, free drinks and a Swiss chocolate bar. It seemed every charter bus driver was amazed at all our bags, but we were always able to load them all on, and off, without anyone getting run over by traffic in Europe's narrow streets. After arriving at Hotel Nassereinerhof in St Anton, <https://www.nassereinerhof.at/>, we all trekked to the lift ticket window to get our RFID lift tickets and opt-in for skier insurance. Those digital pictures on the back of the RFID cards were a hoot, right Judi? At that evening's welcome reception, we were told that every day 33,000 skiers and snowboarders are on the massive, interconnected mountains (Ski Arlberg, <http://skiarlberg.at/en>) that included St Anton. Don't rely on the bus system to get you back to the hotel for it would be overwhelmed if just 1% used it...best to ski back yourself or take a taxi.

By Kevin Reigstad



The rugged Alps area a sight to see, covered in snow, yet skiable terrain seemingly everywhere. On the 1st ski day (of 5), there were 3 groups who hired guides to show them around the areas of St Anton / St Christoph / Stuben, and Lech/Oberlech/Zürs, and Warth/Schröcken. They moved fast to cover a lot of terrain. Other groups explored on their own. It's funny, in an area so large, we did happen to catch up with others (our green NH Ski Club flags stood out), so we mixed and mingled and skied together, and of course snapped group photos. We found the on-piste (groomed trails) fast and we continually searched for snow in off-piste bowls, chutes and among the few trees. Surprisingly, even with no new snow, we found

great skiing. I think my favorite areas were St Christoph, Stuben and Rendl. Of note, Bruce Dyke and Steve Hession completed the Run of Fame (85 km circuit). On-mountain eats were very good, from elegant dining, to snacks on the snow at a trail side lodge, to a local Austria-Bavarian restaurant in a small village as you pass by on the trail. As they said, it was best to ski back to the hotel... to get there, seemingly everyone had to go down just a few trails which were slick and crowded, so some took the gondola down, but the trails brought you by fun après ski bars like Krazy Kanguruh, Mooserwirt, and Griabli. Bring a headlamp if you want to stay past

dark to ski the rest of the way down, or, ski in the dark and dodge the groomers. We wanted to get back to après in the hotel's Keller Bar (where our very own Jeff Howell twice played bass with the band) and then our group dinner. On two nights, several paid for the pleasure to go downhill sledding (and not get too hurt), and on Wednesday night, most went to the town's Ski Show...what amazing skiers in this colorful show. I saw the pictures.



After 7 days at St Anton, we all boarded the bus to Munich to stay at the Maritim Hotel Munchen for 2 nights, just a block from the main train terminal and just a few more blocks to Marienplatz, St Peter's Church, and of course, beer halls. Say you want a beer, know you're going to get a liter mug (~34 oz) of the house lager. Most dined on Bavarian food at the Hofbräuhaus, Augustiner-Keller, and Löwenbräukeller, my favorite being Löwenbräukeller. On the one full-day in Munich, many took a train to see Neuschwanstein Castle (which was an all-day tour), others went to Dachau, the Olympic Stadium, BMW Museum and Welt (exhibition center), and or a Munich walking tour before the rain came in. That night, 7 of us joined in on a dance party for Carnival (in Munich). The next day, it was time to go home. Munich to Zurich on Lufthansa, Zurich to Boston on Swiss Air. More Swiss Air meals, wine, movies and a little sleep, and of course Swiss chocolate. The whole trip was a treat. I believe that was the consensus of all 27 tripsters, as I received no complaints. Let's do it again.

21st Annual Mountain Bike/Kayak/Barbecue

June 2, 2018 - 9:00AM Deschesnes Road - Masabesic Lake

Join NH Ski Club for a fun day of mountain biking, kayaking and socializing on the shore of Lake Masabesic. This annual event usually attracts around 50 people and is a great way for newer members to meet existing members. Bring your bike and/or kayak, lawn chair, water, food for grill and something to share if you can such as side dish, snack food or cookies.

Directions: Exit 1 off Route 101, head south on Route 28, go halfway around traffic circle continuing on Route 28 south. Go past ball-fields on right and you will start climbing a hill. About halfway up hill take a right on Deschesnes Road which is a private road. Disregard No Trespassing Signs. Paved road will turn to dirt road just past first house you see. Continue on dirt road to 2nd house which is only feet away. Please drive slowly past first house as their garage is across road and they have a young child.

For more information contact Troy at troyschwotzer@comcast.net or 603-361-6130

*** Upcoming Ski Trips ***

Day Trips

Cannon Mountain Saturday. March 31. \$50/41/38. Racing, tailgate, apres ski.
Hosted by Annie Mac



